



Strength Through Adversity

(l-r) Rob De Vries, Registered Nurse, Aleta Schellenberg, Pharmacist and "patient", and Jennifer Cowie, Registered Nurse showcase use of the new Emergency Room bedside monitor.



**Emmanuel
Health**




St. Paul's Hospital



We serve the communities of Treaty 6 Territory and the Homeland of the Métis. We acknowledge and pay our respects to the original First Nations and Métis ancestors by engaging in a relationship with one another, and continuing our commitment to the health-related Truth and Reconciliation Calls to Action. Recognizing this history is important to our future and our efforts to close the gap in health outcomes between Indigenous and non-Indigenous peoples, as well as the gap between Indigenous peoples and health care providers.



St. Paul's Hospital  **Commits to Reconciliation**

"Reconciliation is about maintaining and forging relationships. There are no shortcuts"
Justice Murray Sinclair, Chief Commissioner of the Truth and Reconciliation Commission of Canada

St. Paul's Hospital acknowledges that we are on Treaty Six territory and the homeland of the Métis. The First Nations and Métis people are traditional caretakers of this land; we pay our respects to the keepers of this land.

We commit to fostering and maintaining respectful relations with all First Nations and Métis people.

We commit to increasing the number of First Nations and Métis employees within the Saskatoon Health Region.

St. Paul's Hospital acknowledges the pain, loss, and dislocation of the residential school system on individuals, families, and nations.

We commit to increasing the cultural competency and cultural safety of all Saskatoon Health Region staff.

Emmanuel Health

Early health care on the Prairies was initiated by religious orders who sought to minister to the sick and dying and the impoverished, wherever there was a need. Our province has benefited greatly from the mission of those early pioneers who built hospitals and care homes from Ile-a-la-Crosse to Estevan.

Emmanuel Health governs St. Paul's Hospital and the Hospice at Glengarda, along with eleven other publicly funded health care facilities in Saskatchewan. A St. Paul's Hospital Local Council is appointed as a committee of the Emmanuel Health Board of Directors.



Emmanuel Health

Emmanuel Health Board of Directors 2021–2022

- Darryl Bazylak, Chair, Board of Directors
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- Gene Dupuis, Member at Large
- Richard Fontanie, Member at Large
- Omer Houde, Member at Large
- Don Kindopp, Member at Large
- Sr. Bonnie MacLellan, Member at Large and Canon Law Specialist
- Pina Melchionna, Member at Large
- Gaetan Piché, Member at Large
- Shellyann Schaan, Member at Large
- Colette Stang, Member at Large

Emmanuel Health President and CEO

Jean Morrison

Archival photo of Dr. Wait, Dr. Upthegrove, Dr. Rosher, Miss Byblow and Miss Peterson in the SPH Operating Room.

About Us



St. Paul's Hospital

St. Paul's Hospital (SPH) is a 250-bed acute care teaching and applied research Hospital providing compassionate and holistic care to the people of Saskatoon and Saskatchewan.

St. Paul's Hospital operates in a unique partnership with the Saskatchewan Health Authority to provide care, leadership and expertise to the people of Saskatoon and Northern Saskatchewan.

St. Paul's Hospital is responsible for the governance and management of the following core programs in our region: Chronic Disease Management, Diagnostic Imaging and Nuclear Medicine, Emergency and Air Ambulance Services, Ethics Services, Kidney Health and Provincial Transplant Services, Laboratory Medicine, Mental Health and Addiction Services, Palliative and Hospice Care, and Spiritual Care.

The Hospice at Glengarda is owned by St. Paul's Hospital and operated by Samaritan Place, another Emmanuel Health facility. St. Paul's is also home to the Leslie and Irene Dubé Urology Centre of Health and the Saskatchewan Transplant Program.

Our Vision

A community of health, hope and compassion for all.

We are inspired by the healing power of God to meet the needs of those served through quality health care and education in collaboration with the Saskatoon Health Region.

Our Values

- Respect for all
- Collaborative Partnerships
- Compassionate Care
- Holistic Care
- Stewardship

St. Paul's Hospital Foundation



St. Paul's Hospital Foundation believes in the power of generosity to save and change lives. Founded in 1982, the Foundation advances the Hospital's vision by raising, managing and allocating funds in keeping with donors' wishes. St. Paul's Hospital Foundation is governed by a thirteen-member volunteer board that ensures the achievement of the organization's mission through Leadership, Development (Fundraising) and Financial Oversight.

Our Vision

Philanthropic leadership in support of St. Paul's Hospital and the Hospice at Glengarda, as inspired by the spirit of charity and compassion of the Grey Nuns.

Our Values

- Donor-centered Philanthropy
- Accountability
- Community Support
- Partnerships

Board of Directors 2021–2022

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Tracy Muggli, St. Paul's Hospital Executive Director (Ex-Officio)

St. Paul's Hospital Foundation CEO

Lecina Hicke

**St. Paul's Hospital
Local Council 2021–2022**

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Dr. Bruce Berscheid

Gene Dupuis

Maureen Preston

Tracy Muggli, Executive Director

Dr. Vivian Walker, St. Paul's Hospital
Foundation Board Chair

**St. Paul's Hospital
Executive Director**

Tracy Muggli





Message from Emmanuel Health Board Chair and CEO

Our vision for Emmanuel Health is “a vital community of health, healing and hope.” As we travel through the challenges of the COVID-19 pandemic, this message has shown itself to be important not only in the health and healing that usually are most visible in our daily operations, but also in the essential need for hope. Creating and maintaining a community of both hope and strength in the face of adversity is the piece of our vision that has guided us through the dimmest days of the pandemic, and will continue to guide us forward.

We want to express our gratitude to our community of donors who support

our Hospital through St. Paul’s Hospital Foundation. Through your generous spirit we are able to strengthen the holistic, patient-centered care that we provide, and to support our health care team in new and innovative ways.

We also want to convey our heartfelt appreciation to our Hospital’s health care workers, physicians and volunteers, who alongside the Foundation and countless other administrative and support services keep our facility thriving. You have seen us through this pandemic with strength and grace. Through the ever-changing landscape of COVID-19, our team has



Message from Foundation Volunteer Board Chair

As the rules of our society settle into new pandemic norms, our health care teams continue to face the uncertainties of the road ahead. The past two years have been soul-stretching. Many may feel somewhat “broken” and worn out. How will we find our way to our “brokenness being made whole”?

I believe: together. It is through connection with and support for one another that we will be made whole.

I want to express my deepest gratitude to our terrific Foundation donors and supporters for your ongoing generosity in these seasons of change. Thank you for partnering with us to make a powerful

difference in the care of many.

I am deeply grateful for all of our health care heroes, both at St. Paul’s Hospital and at the Hospice at Glengarda, who have extended hands and hearts to so many who have been broken by illness and loneliness during COVID-19. We continue to applaud the courage and stamina that you have lived. You have been noticed, even when wearing full protective equipment (PPE)! You are appreciated!

I pray that the days ahead will be brighter for all of us. I hope for re-energized faith and connections with friends and family. May this season of warmth and new life help you to renew and heal.

continued to provide the best possible care to the communities that we serve.

The pandemic has magnified the importance of a core component of Catholic health care and Emmanuel Health's mission to respond to the unmet needs of the vulnerable by applying our values of compassion, innovation and commitment. Our workforce has risen to the challenges faced, and lives our mission and values each day through its actions. We are thankful to St. Paul's Hospital Foundation and to our donors for adjusting and responding to the emerging needs of our community, our patients and our staff.

With our deep gratitude,

Darryl Bazylak
Chairperson

Jean Morrison
President and Chief Executive Officer

Together, we are creating "seams of gold" where we have been broken, and are being healed and made stronger as we find our way forward.

Dr. Vivian Walker
Volunteer Board Chair,
St. Paul's Hospital Foundation

Strength Through Adversity

Kintsugi (v): *the practice of taking shards of injured pottery and piecing them back together using a mixture of lacquer and powdered gold, resulting in a resurrected vessel that retains much of its original form but now shines with metallic seams that signal: I am strong. I am resilient. I am healed.*

– Jessie Bazan, Theologian



Message from Hospital and Foundation Leadership

As compassionate care providers and dedicated staff in a Catholic health care setting, we are driven by our values that call us to serve, to witness the humanity of those we serve, and to uphold their dignity, while at the same time providing the highest quality of holistic care. This is a vocation or a calling for many. For those who feel weak, we offer strength. To those who feel lost, we share guidance. For those who feel alone, we stand beside.

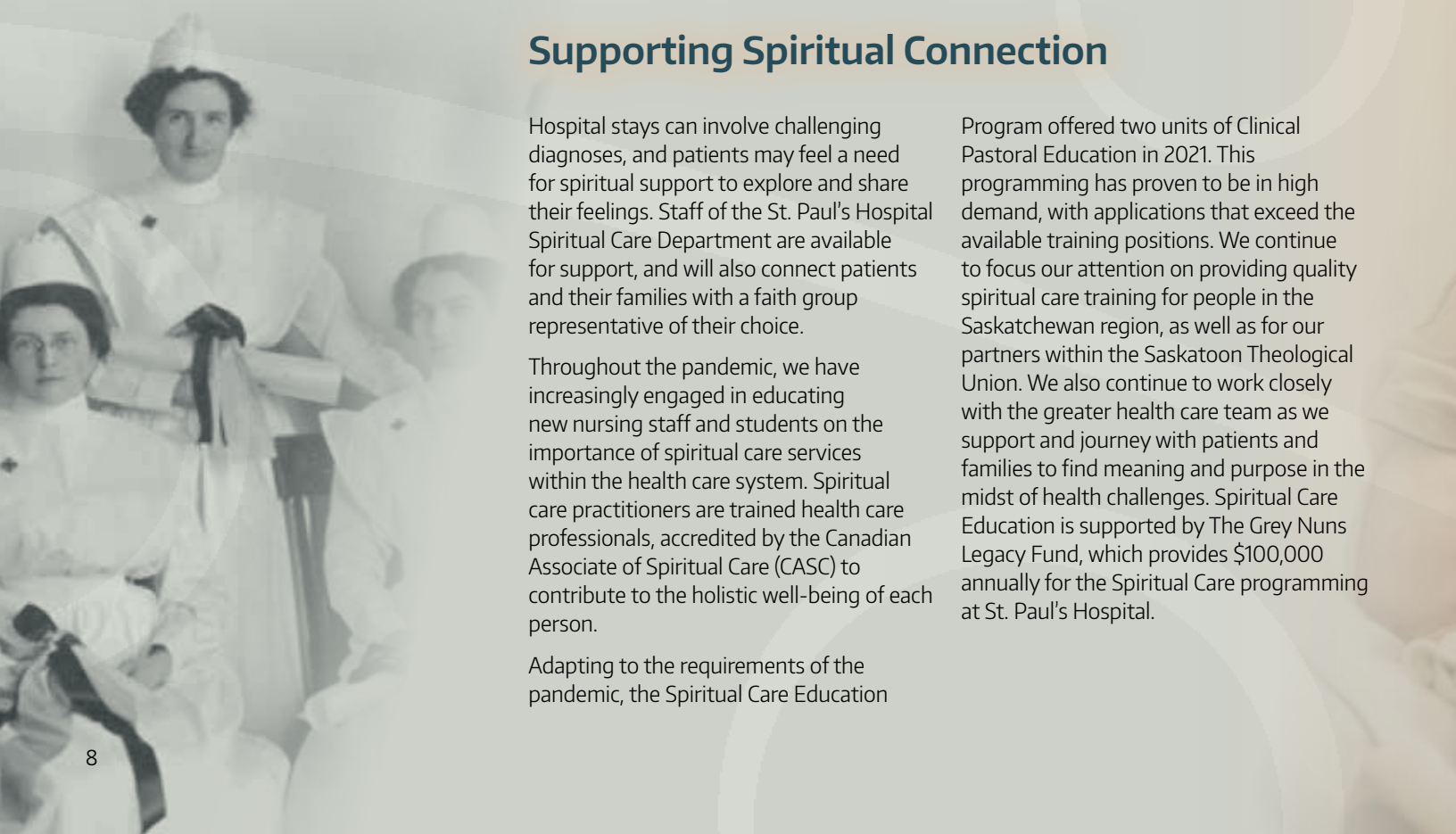
As we celebrate our compassionate service to the patients and families within our facility, we also share our gratitude and appreciation for the support and strength

that we have lent one another throughout the challenging times that have resulted from the COVID-19 pandemic. Together, when the cracks started to form, we continually shared our empathy, our dedication and our service to our mission.

Bit by bit, we mended these cracks with lines of resilient and beautiful gold. Bit by bit, we strengthened our stature with hope, compassion and love.

The theme of this year's annual review is "Strength through Adversity" as illustrated by the visual imagery brought forth through the ancient practice of Kintsugi, where shards of injured pottery are repaired

Spiritual Care



Supporting Spiritual Connection

Hospital stays can involve challenging diagnoses, and patients may feel a need for spiritual support to explore and share their feelings. Staff of the St. Paul's Hospital Spiritual Care Department are available for support, and will also connect patients and their families with a faith group representative of their choice.

Throughout the pandemic, we have increasingly engaged in educating new nursing staff and students on the importance of spiritual care services within the health care system. Spiritual care practitioners are trained health care professionals, accredited by the Canadian Associate of Spiritual Care (CASC) to contribute to the holistic well-being of each person.

Adapting to the requirements of the pandemic, the Spiritual Care Education

Program offered two units of Clinical Pastoral Education in 2021. This programming has proven to be in high demand, with applications that exceed the available training positions. We continue to focus our attention on providing quality spiritual care training for people in the Saskatchewan region, as well as for our partners within the Saskatoon Theological Union. We also continue to work closely with the greater health care team as we support and journey with patients and families to find meaning and purpose in the midst of health challenges. Spiritual Care Education is supported by The Grey Nuns Legacy Fund, which provides \$100,000 annually for the Spiritual Care programming at St. Paul's Hospital.

with gold, resulting in a stronger, more beautiful vessel. As we look back on our year in health care, we acknowledge that the marks of past trauma and evidence of challenges faced are not blemishes, but rather form a beautiful and integral part of our story of resilience. Across this time and together with the people of Saskatchewan, St. Paul's Hospital and its Foundation truly have grown stronger.

We thank our St. Paul's family for its continued compassionate service to our community, and we express our profound gratitude to our remarkably generous donors who, once again, have allowed us to provide critical support in crucial times.

Please enjoy the 2021–2022 Annual Review, wherein we highlight just a few of these "golden moments."

Tracy Muggli

Executive Director, St. Paul's Hospital

Lecina Hicke

Chief Executive Officer,
St. Paul's Hospital Foundation



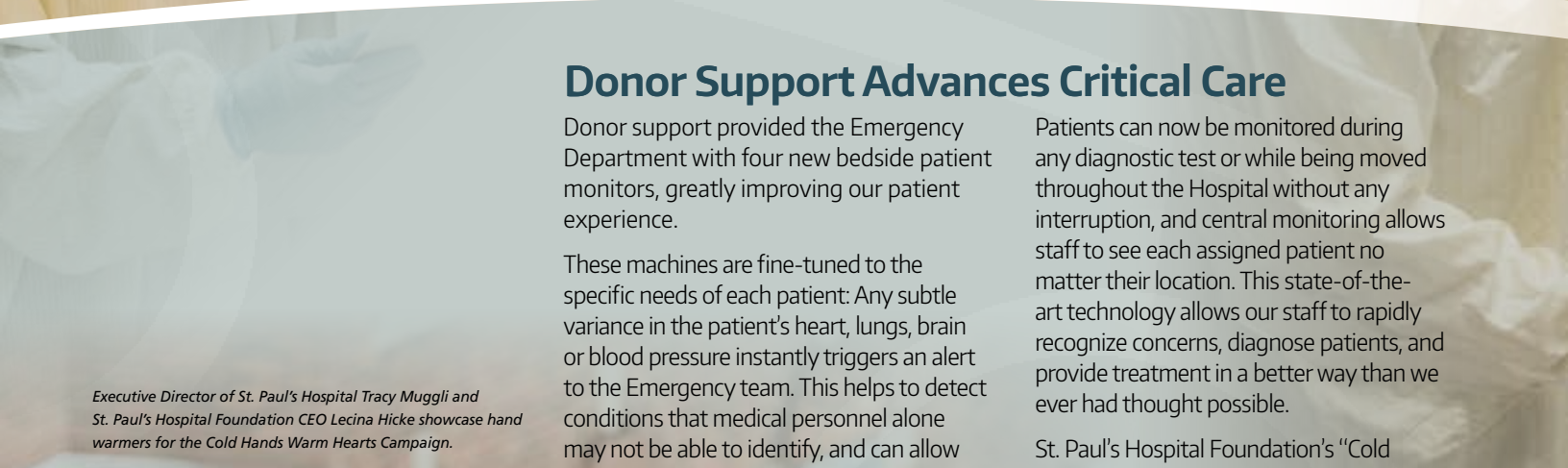
Emergency Services



Providing Emergency and Critical Care

St. Paul's Emergency Department is Saskatoon's second-largest Emergency Department. It has long developed a legacy of supporting our city and the greater provincial community in providing both emergent and urgent care. In 2021-2022, we were able to meet immediate community need with the support of the Rapid Access Addiction Medication (RAAM) Clinic and the Emergency Department

Addiction Counsellors (EDAC) Team. These partnerships with our Mental Health and Addiction Services department have provided opportunities for intervention, have increased positive outcomes for each patient who presents to the Emergency Department, and have allowed us to better serve our patients living with addictions.



Donor Support Advances Critical Care

Donor support provided the Emergency Department with four new bedside patient monitors, greatly improving our patient experience.

These machines are fine-tuned to the specific needs of each patient: Any subtle variance in the patient's heart, lungs, brain or blood pressure instantly triggers an alert to the Emergency team. This helps to detect conditions that medical personnel alone may not be able to identify, and can allow lifesaving decisions to be made quickly and efficiently.

Patients can now be monitored during any diagnostic test or while being moved throughout the Hospital without any interruption, and central monitoring allows staff to see each assigned patient no matter their location. This state-of-the-art technology allows our staff to rapidly recognize concerns, diagnose patients, and provide treatment in a better way than we ever had thought possible.

St. Paul's Hospital Foundation's "Cold Hands, Warm Hearts" fundraising campaign, sponsored by Cameco, allowed our Emergency Department and other units to hand out warm toques, mitts and hand warmers to our community members. In the past, during deeply cold winter weather, St. Paul's Hospital had the opportunity to act as a designated warm-up spot for the community. However, within the guidelines of pandemic safety, we were unable to do so this year. Community support of this campaign allowed Hospital staff to provide support to those seeking warmth by supplying cozy winter gear for when they made their way to a warm-up facility.

Executive Director of St. Paul's Hospital Tracy Muggli and St. Paul's Hospital Foundation CEO Lecina Hicke showcase hand warmers for the Cold Hands Warm Hearts Campaign.





(l-r) Rob De Vries, Registered Nurse, Aleta Schellenberg, Pharmacist and "patient", and Jennifer Cowie, Registered Nurse showcase use of the new Emergency Room bedside monitors

Ethics

(l-r) Haley Sharp, Patient, receives care from Tara Paydli, Licensed Practical Nurse



Sharing the Weight of Challenging Decisions

Ethics Services plays a large role in providing staff, patients and families with the support they need when dealing with challenging health care decisions. This support is provided through both consultations and education programs. This year, the St. Paul's Hospital Ethics Committee placed significant focus on supporting the mental health and wellness of Hospital staff.



Community Support Helps Health Care Workers Cope

The W.F. Mitchell Bioethics Seminar is a keystone annual event made possible through an endowment bequeathed to St. Paul's Hospital Foundation in memory of the late William F. Mitchell, a business owner with a strong sense of ethics both in business and in our community.

For this year's presentation, we welcomed Erin Beckwell of Seen + Heard Consulting to present her webinar "Beyond Burnt Out," with the goal of helping staff process the effects of the pandemic. The sessions provided participants with an understanding of the impacts of trauma on how we function in our daily lives. Beckwell provided useful tools to help cope with the continuing reality of COVID-19, stressing Megan Divine's observation that "Some things cannot be fixed. They must

be carried." She encouraged participants to think of ways to replenish their own "compassion tank" as they shoulder the burdens of the past months.

The presentations were held online during SHA's Ethics Week, enabling us to extend our reach to participants both from Emmanuel Health facilities and from the Saskatchewan Health Authority. A combination of 300 individuals and sites were welcomed to the live presentation, and hundreds more had access to online recordings and resources. In building strength through connection, we can foster a sense of resiliency and support amongst health care professionals.

Merlida Sabia, Site Screener, distributes masks to hospital visitors.

Holistic Wellness for Staff, Patients, and Family

The role of the Mission Office is to help staff engage with and connect their work to the mission and values of St. Paul's Hospital. Though times have changed greatly since the founding of SPH, we strive to link our staff to the legacy of the Grey Nuns. As long as we continue to serve those in need, we are living our mission.

The Healing Arts Program is delivered by a multi-disciplinary team of experts. Our Healing Arts team includes two music therapists, a writer-in-residence and an artist-in-residence. This team offers creative experiences to patients in their rooms, in common areas of the Hospital, and in the Healing Arts studio. These experiences can include workshops, seasonal celebrations and creative arts jam sessions, and create opportunities for patients to engage with the arts while they heal. In addition, we regularly partner with community-based organizations to bring workshops to those they serve.

In 2021, the Mission Office was excited to expand collaborations in the community for our annual Project Christmas Angel. Each year, St. Paul's Hospital partners with local elementary schools to purchase Christmas gifts for students. With the help of the Saskatoon Police Service, law firm Robertson Stromberg LLP, and many SPH staff, we provided 250 gifts for students in our neighbourhood.

Estate Gift Supports Research Chair

Thanks to a transformational Estate Gift from the late Robert "Bob" Steane, we recently have appointed Simon Lesair as the Robert Steane Holistic Research Chair at St. Paul's Hospital. The Research Chair will be exploring how best to integrate Spiritual Care and the Healing Arts into frontline health care, and crafting a framework so that all professionals understand their importance. This is one of the first roles of this kind in Canada, and the findings that result will help us to advance the awareness of healing arts and spiritual care not only in our own community, but nationally as well.

Robert Steane's gift, together with Mistletoe Baskets proceeds and generous donations in support of our Christmas Dove letter, have advanced our acclaimed Healing Arts Program by ensuring that culturally inclusive music therapy is available to dialysis patients both in-Hospital and on-site at the Cameco Renal Centre. Because of community generosity we now are enabled to provide greater comfort to our patients – reducing their stress while improving their overall mental health. We are very grateful.



The Late Robert "Bob" Steane



Above: Tinaya Entz, Music Therapist, plays her guitar for a patient.

Diagnostic Imaging and Nuclear Medicine



State-of-the-Art Diagnostics

Diagnostic Imaging and Nuclear Medicine play an essential role in both diagnosing and treating disease. Highly specialized staff use state-of-the-art equipment to generate detailed images that help to identify, analyze, diagnose and treat a wide range of medical conditions. Our department is proud to be an important part in these segments of the patient's health care journey.

St. Paul's Hospital Diagnostic Imaging staff embraces the values of compassionate and holistic care for all, focusing on the needs of patients and families while delivering vital service. Staff continues to show resilience

and determination in addressing the needs of patients presenting not only for COVID-19, but all diagnostic and therapeutic imaging. Through collaborative effort with other teams at St. Paul's Hospital, Diagnostic Imaging staff not only supports patients, but also embraces the needs of the health care team as a whole. Through all the trials and tribulations encountered during this pandemic, we commend our staff on their ability to find strength through adversity.

Bringing Your Technology to the Bedside

Throughout the COVID-19 pandemic, Diagnostic Imaging has experienced, and continues to experience, exponential demand for portable imaging. We are grateful to our community, that sent in more than 560 responses to our Seeds of Hope letter from Medical Radiation Technologist Sheri Edom, raising \$139,295. Thanks to that support including a generous \$50,000 matching gift from Leonard and Helen Kutz, a new Portable X-Ray Scanner is now in use at St. Paul's Hospital!

This state-of-the-art digital portable X-Ray machine delivers images right on the spot. This little "Miracle on Wheels" means patients are getting faster diagnoses, right at the bedside, thereby reducing the need for transport within the Hospital. With imaging that can be viewed by both Clinical and Diagnostic Imaging staff, this equipment allows for more timely care. When a patient's life is in danger, every second counts. We want to extend a heartfelt "Thank You" to our incredible donors.



Above: Eric Schule, CT Supervisor
Right: Donors Helen and Leonard Kutz

Rising to Meet New Challenges in a New Age

Mental Health and Addiction Services provides a range of services for clients of all ages who face from moderate to severe issues involving mental health and addictions. Our team of professionals uses a variety of strategies, including individual, group and family therapies.

The global pandemic brought many mental health challenges. Throughout, our team has continued to deliver essential services by rising to the challenges of providing exceptional care while pivoting and responding to client needs. By the end of December 2021, Mental Health and Addictions Services saw a 35% increase to our overall department demand from past years.

The Rapid Access Addiction Medicine (RAAM) Clinic located at St. Paul's Hospital has been operational since February 2020 and receives referrals not only from the Emergency Departments at all three hospitals, but from inpatient units as well. The goal is to provide clients with immediate access to addiction care, offering both medication-based and psychosocial interventions so as to ensure a holistic approach to addressing substance use disorders. The Clinic has provided 1500 consults since it opened in February 2020, indicating that this vital program is reaching those who truly need this care and support.

The Emergency Department Addictions Counsellors (EDAC) Team was established this year to support clients with substance use disorders and/or conditions that are exacerbated by substance use. Addictions counselors have been working in the St. Paul's Hospital and Royal University Hospital Emergency Departments for 12 months, receiving between 200–250 requests for client consultation each month. They are also an important first point of support in the Hospital for clients who have experienced an overdose, as well as a

crucial preventative service that offers take-home naloxone training and kit distribution so as to place this life-saving medication in the hands of those who need it most.

The Brief and Social Detox Unit added three beds this past year. This will allow us to increase the number of clients we serve who require detoxification support, with funding supporting new positions that will enhance client care. Overall, more clients are receiving the care they need, and more clients are being connected to the community-based supports that they require.



Laboratory Medicine



A Hub of Essential Service

St. Paul's Hospital Laboratory continues to provide services in the departments of Anatomical Pathology, Hematology, Clinical Biochemistry, Transfusion Medicine, Immunodiagnostics and Histocompatibility, and Immunogenetics.

The Laboratory provides high-volume services for our surrounding communities, and is a transportation hub for the testing and referral of specimens in Saskatoon and rural centers in Northern Saskatchewan. Our Immunogenetics Division and Transfusion Medicine Division are excellent examples of our leadership within the province; our work in Immunogenetics is essential to the Saskatchewan Transplant

Program, and our Transfusion Medicine Division assists approximately 150 Prince Albert patients each month with vital prenatal testing in the wake of staffing challenges.

The St. Paul's Hospital High-Volume Hematology Department reviews approximately 4500 blood smears annually. Together with the Hematology Lab at Royal University Hospital, we have been actively supporting six rural locations that have received their own digital imaging systems. We are part of a large provincial team that will connect these sites with the larger centers in Saskatoon and Regina.

Left: Courage Amujede, Medical Laboratory Technologist-1

Right: Kirsten Buchholz, Medical Laboratory Technologist-1 at work in electron microscopy.



Donor Support Brings Innovation

With generous donations and support from our community through St. Paul's Hospital Foundation, we are very excited to be bringing a new Automated Cell Imaging System to St. Paul's Hospital's Hematology Laboratory.

This is a completely automated system that looks at each cell in a patient's sample and correctly identifies it. This new technology is very efficient, freeing up technologists to review more complex cases. The equipment will provide more real-time diagnosis of patients, specifically those suffering anemia

and leukemia. This technology captures digital images of blood samples with the highest possible resolution. Samples will be collected from rural and urban Saskatchewan communities and routed in real time to the hub at St. Paul's Hospital.

The images do not lose integrity and can be read by technicians whose specialty is to recognize anomalies. From there, the samples can be forwarded to specialists anywhere in the world, with the entire process potentially taking only minutes to complete.

Kidney Health and Provincial Transplant Services

The Kidney Health Programs at St. Paul's Hospital serve the residents of Saskatoon as well as Central and Northern Saskatchewan. Care and support are provided at our Hospital, and also within communities across the province. Keeping care close to home when possible is important to providing excellent kidney care.

St. Paul's Kidney Health Programs, Chronic Kidney Disease Clinics and the Community Outreach Programs all advance early identification of kidney disease in the local Saskatoon community and throughout central and northern Saskatchewan.

The SPH Hemodialysis Unit and the Cameco Community Renal Health Centre provide life-sustaining therapy to approximately 300 people each week. These individuals and their families come to Saskatoon 3 times every week, from as far away as Ile-a-la-Crosse.

Our programs also play an important role in connecting patients to care that is closer to their homes. This includes three hemodialysis satellite units in central and northern Saskatchewan, which allow approximately 130 individuals to receive

therapy 3 times a week nearer to their own communities. SPH's Peritoneal Dialysis and Home Hemodialysis programs support approximately 120 individuals in performing dialysis in their homes, allowing them and their families to stay in their communities, to continue to work, and to play an important part in managing their own health.

In the past year, much work was done to support individuals and their families living with kidney disease. An additional 6 stations were created in the SPH Dialysis Unit. As well, emergency planning work was done to allow SPH to support hemodialysis in the event of emergencies throughout central and northern Saskatchewan. Partnerships with Pediatric Nephrology at Jim Pattison Children's Hospital and the Saskatchewan Transplant Program continue to support patients throughout the province.

SPH's Kidney Health programs endeavor to bring health promotion, early disease detection and treatment to those communities most in need. Keeping patients close to home through home-based dialysis will also be essential in providing the best possible care to those we serve.

Working Together to Treat and Halt Kidney Disease

Kidney Health is a growing concern in Saskatchewan, and especially for the communities served by SPH. Early identification and treatment of kidney disease can slow, and in some cases halt, its progression. In addition to previously raising funds for a new Nano-sequencer to create the perfect mix of anti-rejection medication for kidney transplant recipients, community support expanded Music Therapy for dialysis patients. Waiting for a kidney transplant is a difficult process. Spending as much as three hours a day, four days a week undergoing dialysis treatment is a challenging reality for those with advanced kidney disease who

may be waiting for an organ donation. To offer comfort and distraction, reduce stress, lower blood pressure and improve mental health, we are expanding our acclaimed Healing Arts Program to offer music therapy to dialysis patients at St. Paul's Hospital and the nearby Cameco Community Renal Health Centre.

SPH continues to work with SHA to learn more about what is required to support current kidney health programming, and to establish new initiatives to continue to improve the lives and health of patients and families living with kidney disease.

End-of-Life Care



A Comprehensive Approach

St. Paul's Hospital has been providing compassionate care to patients and their families facing end-of-life for over a quarter century. The ultimate goal is to ease the experience for people living with life-threatening illnesses, or nearing the end of their life. In 1990 we opened a twelve-bed Palliative Care Unit at St. Paul's Hospital, the first unit of its kind in our community. In 2021, thanks to the generous support of our community for the \$21-million Close to Home Campaign, we opened the fifteen-bed Hospice at Glengarda, Saskatchewan's first free-standing residential hospice. We also created a Palliative Care Education Fund to support training and education for end-of-life caregivers, and advanced important endowments to support holistic palliative care at St. Paul's Hospital, the Hospice at Glengarda, and in the community.

St. Paul's Hospital's Palliative Care Unit

Our holistic and interdisciplinary approach optimizes quality of life at end-of-life. Palliative Care Services works as a holistic team of specialists to provide an extra layer of support to both patients and their families as they are faced with life-limiting illness. Our holistic care approach endeavors to address the needs of the patient while honoring the person, rather than just acknowledging/recognizing the diagnosis. Though the pandemic has presented many challenges to the health care community, our staff has displayed incredible strength and unity through adversity to continue to deliver quality end-of-life care in our Palliative Care Unit.



Above: Monique Blom, Creative Arts Coordinator at the Hospice at Glengarda.

Below: Donors Utsang and Khyati Desai



Your Support Brings Safety and Comfort

Thanks to donor support for the Close to Home Campaign, we were able to renovate St. Paul's Hospital's Palliative Care Unit, improving efficiencies on the unit and improving the Hospital's tub room.

We are grateful to the many donors who responded to our request to help bring a Pyxis Automated Medication Dispensing System to our Hospital. Notably, siblings Utsang and Khyati Desai of Sai-Ganesh Enterprises Ltd. matched every dollar donated up to \$25,000, and we are very grateful for their essential support in bringing Pyxis to Palliative Care.

The Pyxis System ensures that medication is dispensed accurately, provides streamlined delivery of prescriptions, and securely stores them until they are needed for use. Pyxis improves access to

patient pharmaceutical data and helps to ensure that the correct medications are being dispensed at the correct intervals. Improving efficiency and enabling the methodical re-ordering of medication supplies allows nurses to dedicate more time to patient care, which is our utmost priority.

Community support has also funded the purchase of items such as quality fans for patient bedsides, comfort items such as kettles, and angel figurines that we place above the doors of patients who have passed on. We were pleased also to provide self-care funds for nurses, and a pottery workshop that incorporated the promotion of productive mental health strategies for our team.

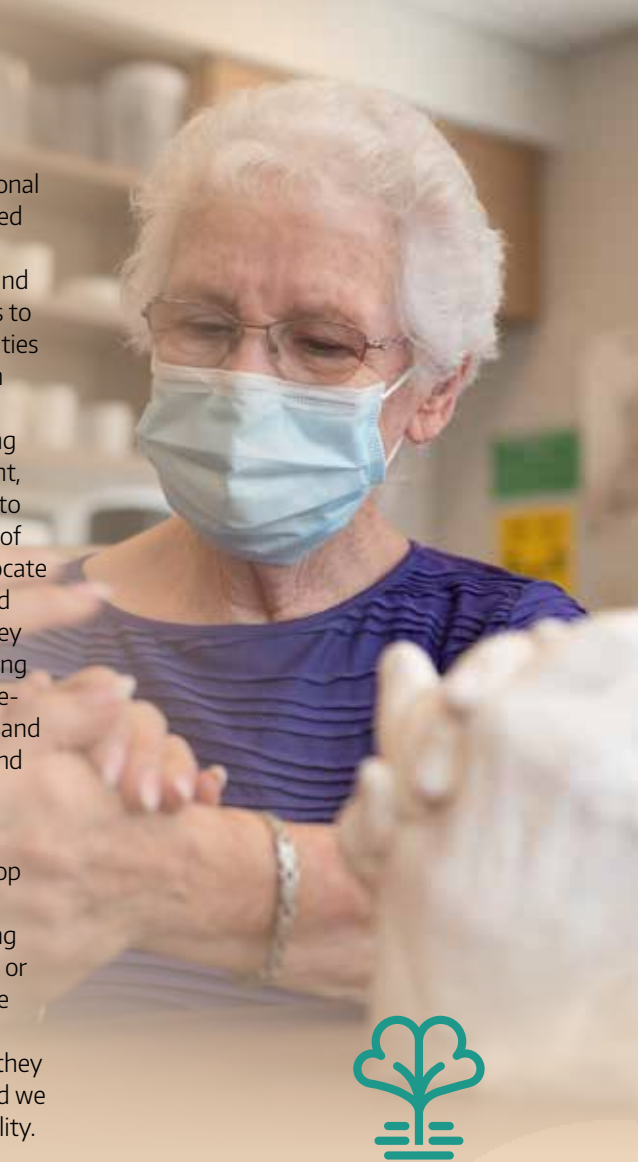
Hospice at Glengarda

Governed by Emmanuel Health, the Hospice at Glengarda is owned by St. Paul's Hospital and operated by Samaritan Place, a fellow subsidiary of Emmanuel Health. Hospice staff work as a team, both individually and collaboratively, to care for the whole person and address social, emotional, physical, cognitive and spiritual needs. Our first patient was admitted on January 28, 2021, and in the year that followed we served 106 patients from Saskatoon and surrounding area. Our mission at the Hospice is to respond to the unmet needs of our patients through the compassionate holistic care services of Spiritual Care, Music Therapy, and Creative Art Therapy, alongside Life Enhancement and Social Work. Together, we aim to provide care and support that is patient-centered and responsive, and we do our very best to offer each patient every opportunity to live their life fully, right to its end.

Spiritual Care can provide an important source of connection to faith for those patients who seek it. Members of our team endeavor to provide opportunities for spiritual practice whenever it is of benefit to the patient. Music Therapy is invaluable when providing compassionate end-of-life care, providing opportunities to address

cognitive, spiritual, physical, and emotional needs of patients. Music can also be used to bring relaxation and thereby reduce anxiety, insomnia and feelings of pain and discomfort. Creative Art Therapy serves to facilitate meaningful projects and activities using patients' stories, dreams, and rich histories to create items such as legacy albums and artwork that serve as lasting parting gifts. Through Life Enhancement, we use recreation and leisure activities to maintain and improve patients' quality of life. Social Work support serves to advocate for each patient's end-of-life wishes and to uphold the patient's dignity while they navigate their end-of-life journey, helping to address the emotional aspects of late-stage illnesses. It also provides families and other loved ones with grief resources and support for their bereavement journey.

Each patient and their family provide a new vision that our team uses to develop a richer understanding of end-of-life needs and wishes. Whether it is teaching a final lesson in cinnamon-bun-making or observing the Northern lights one more time, almost every one of our patients carries an unspoken gift or experience they want to share with their loved ones, and we see it as our role to try to bring it to reality.



**HOSPICE AT
Glengarda**

Donor Contributions Change End-of-Life Care

The Hospice at Glengarda was built through the generosity of donors in their support for the Close to Home Campaign. Through this campaign, we were able to develop a Palliative Care Education Fund and create a lasting endowment to support holistic end-of-life care from now into the future: the Leslie and Irene Dubé Holistic Care Endowment. Countless small touches help to create a home-like environment and experience for patients and families who are experiencing end-of-life care, and we are tremendously grateful to have been part of the Tim Hortons Smile Cookie Campaign, which raised \$64,342 for the Comfort Care

Fund. We are also thankful for the Orano Canada Endowment for its support of staff and volunteer culturally responsive training as it relates to end-of-life care, and for the Mike and Jennie Riehl Memorial Endowment Fund to advance professional development scholarships for staff and/or volunteers at the Hospice. Thanks to donor support, we also are able to advance landscaping at the Hospice and provide seasonal decorations, which were funded in part through the Foundation's Hospice Christmas Wish campaign.

Above: Margaret Reimer speaks with Monique Blom, Creative Arts Coordinator at the Hospice at Glengarda.

Below: Michaela Olsen, Music Therapist, and Cassidy Ens, Music Therapy Intern, play Johnny Cash songs for Donald Wenner, Patient.



Foundation Highlights



St. Paul's Hospital Foundation

FrontLine Love

Many of you sent in additional funds along with your purchase of a Mistletoe Basket to support our frontline staff! We all acknowledge this pandemic has been a trying time for those working in health care. Thanks to your support, Hospital Administration and Foundation employees have been wheeling a cart filled with snacks and sundry items and distributing them throughout the Hospital to thank our staff for their hard work.

You Are Our Angels!

Monthly donors are making a significant difference in the health and well-being of our community. Monthly gifts helped the Foundation advance patient care even through the uncertainty of COVID-19. In 2021, the Circle of Angels programs raised \$48,747 in monthly gifts from donors, staff and physicians. The security of continued support through monthly giving is a true blessing, and that's why we call our monthly donors "Our Angels."

Endowments

SPH Foundation Endowments are a wonderful way to make a significant and lasting contribution. Donors either can make a gift in support of an existing endowment, or can set up a new Named Endowment with a minimum gift of \$25,000. As per donor wishes, the principal of the gift is held for a specific term, and the interest earned is allocated to a program or need in the Hospital or Hospice. Thanks to your generosity, \$1,513,632 was added

to Endowments this year, and \$57,615 in endowment earnings were invested in our Hospital.

Memorial, Honour and Tribute Gifts

We salute all of you who made a gift in memory of, in tribute to, or in honour of a particular person or event, gifts that often are infused with particular love, respect or gratitude. In 2021, we received Memorial gifts totaling \$193,413 and In Honour / In Tribute gifts totaling \$9,515. For these we are very grateful.

Foundation Draws

The Foundation Draws provide up to \$125,000 annually to improve the care and services at St. Paul's Hospital. Each year, Hospital employees submit requests to our Foundation for items to enhance patient care or Hospital programs. Funded items this past year included stethoscopes for our Surgery wards, mattresses and bedding for Occupational Therapy, window-washing equipment for Environmental Services, and simulation dolls for Respiratory Therapy.

Creating a Better Tomorrow through a Planned Gift

Preparing a Will by leaving a bequest is a simple yet deeply thoughtful act that reflects both your care for others and a vision for the future. A bequest in your Will costs nothing during your lifetime but can go on to provide a lasting legacy and assure a bright future for health care in this province – a future in which life-saving medical equipment changes and saves lives. Thank you to our Spirit of Life donors and those considering leaving a bequest to our Foundation. Planned Giving in 2021 provided an astounding \$2,087,171 to St. Paul's Hospital.

Gift Shop

St. Paul's Hospital Foundation's Gift Shop provides an important service to patients, visitors and staff. Day-to-day essentials, gifts, clothing, snacks and more are available at the Gift Shop.



Michelle Murphy, Administrative Fellow, distributes items from the FrontLine Love Cart to Dialysis staff.

St. Paul's Hospital Foundation 2021 Distributions

The Audit and Finance Committee is chaired by the Treasurer of SPH Foundation Nicholle Povhe, and is responsible for reporting the allocations of the previous year.

With the support of our donors, St. Paul's Hospital Foundation contributed \$3,930,169 to St. Paul's Hospital and the Hospice at Glengarda in 2021 for the following purposes:

Hospice at Glengarda Construction and Equipment	\$1,336,936
Patient Bedside and Central Monitors	\$531,736
Laboratory Pneumatic Carrier System	\$383,080
Department Purchases	\$300,996
Healing Arts Therapy	\$173,731
Holistic Care Program at Hospice at Glengarda	\$156,000
Catholic Health Administrative Fellow	\$138,407
SPH Foundation Draws	\$118,648
Robert Steane Legacy Fund Distributions	\$105,000
Portable Ventilators	\$100,897
Spiritual Care Program	\$100,000
Chronic Kidney Disease Research	\$100,000
3D Luminex Labscan for HLA Laboratory	\$94,510
Front Entrance Experience Project	\$90,000
Named Endowment Distributions	\$57,615
SPH Staff Professional Development	\$35,595
End-of-Life Education Programs	\$35,307
Hospice at Glengarda Programs	\$28,867
Robert Steane Holistic Care Research Chair	\$20,858
COVID-19 Hospital Relief Fund	\$16,040
Other Programs and Equipment	\$5,946
TOTAL	\$ 3,930,169

**Total Distributions to St. Paul's Hospital
from 1982 to December 31, 2021**
\$83,450,969

Report of the Independent Auditors on the Summary Financial Statements Auditors' Report

To the Board of Directors of St. Paul's Hospital Foundation, Inc.

Opinion

The summary financial statements of St. Paul's Hospital Foundation, Inc. (the Entity), which comprise:

- The summarized statement of financial position as at end of December 31, 2021
- The summarized statement of operations and fund balances for the year then ended
- The summarized statement of cash flows for the year then ended
- and related note.

are derived from the audited financial statements of St. Paul's Hospital Foundation, Inc. as at and for the year ended end of December 31, 2021.

In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the criteria disclosed in the note to the summary financial statements.

Summary Financial Statements

The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor's report thereon, therefore, is not a substitute for reading the Entity's audited financial statements and the auditor's report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

The Audited Financial Statements and Our Report Thereon

We expressed an unmodified opinion on the audited financial statements in our report dated March 24, 2022.

Managements' Responsibility for the Summary Financial Statements

Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in the note to the summary financial statements.

Auditors' Responsibility

Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards 810, Engagements to Report on Summary Financial Statements.

KPMG LLP

Chartered Professional Accountants

Saskatoon, Canada
April 22, 2022

Notes To Summary Financial Statements

The summary financial statements are derived from the audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as of December 31, 2021 and December 31, 2020 and for the years then ended.

The preparation of these summary financial statements requires Foundation management to determine the information that needs to be reflected in them so that they represent fairly a summary of the audited financial statements.

Foundation management prepared these summary financial statements using the following criteria:

- (a) The summary financial statements include a statement for each statement included in the audited financial statements;
- (b) Information in the summary financial statements agrees with the related information in the audited financial statements;
- (c) Major subtotals, totals and comparative information from the audited financial statements are included; and
- (d) The summary financial statements contain the information from the audited financial statements dealing with matters having a pervasive or otherwise significant effect on the summarized financial statements.

The audited financial statements of St. Paul's Hospital Foundation Inc. are available on the Foundation website at www.sphfoundation.org or upon request by contacting the Organization.

SUMMARIZED STATEMENT OF FINANCIAL POSITION

December 31, 2021, with comparative information for 2020

	2021	2020
Assets		
Current assets	\$ 4,505,426	\$ 4,784,320
Investments	14,725,633	12,732,615
Cash and investments in trust for endowment funds	18,631,273	14,192,775
Equipment	14,209	11,504
	\$ 37,876,541	\$ 31,721,214
Liabilities and Fund Balances		
Current liabilities	\$ 538,755	\$ 667,356
Fund balances	37,337,786	31,053,858
	\$ 37,876,541	\$ 31,721,214

SUMMARIZED STATEMENT OF OPERATIONS AND FUND BALANCES

Year ended December 31, 2021, with comparative information for 2020

	2021	2020
Revenue		
Donations	\$ 6,197,504	\$ 5,397,998
Gaming	2,224,731	1,602,730
Events	149,025	164,905
Gift Shop – gross sales	92,759	84,354
Government grants	322,084	299,364
Investment income	2,026,475	967,450
Fair market value adjustment on investments	1,093,958	1,533,469
	12,106,536	10,050,268
Contributions to St. Paul's Hospital	3,930,169	6,877,176
Operating expenses	1,892,439	2,042,504
Excess of revenue over expenses	6,283,928	1,130,588
Fund balances, beginning of the year	31,053,858	29,923,270
Fund balances, end of the year	\$ 37,337,786	\$ 31,053,858

SUMMARIZED STATEMENT OF CASH FLOWS

Year ended December 31, 2021, with comparative information for 2020

	2021	2020
Cash flows (used in) from:		
Operations	\$5,275,800	\$(999,549)
Investing	(5,344,310)	(612,616)
(Decrease) increase in cash	(68,510)	(1,612,165)
Cash, beginning of year	4,238,793	5,850,958
Cash, end of year	\$4,170,283	\$4,238,793

Inspired to Give

Recognizing donors with cumulative giving to SPH Foundation of \$500 and greater from January 1 to December 31, 2021

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Joel Kreuger, Carpenter, begins repairs on a crack within the facility.

Kintsugi

The Japanese art of Kintsugi embraces imperfection; instead of discarding a piece of broken pottery, it instead is repaired and the now-sealed cracks are adorned with powdered gold. Rather than ignore that the piece was once shattered and in need of repair, Kintsugi allows one to consider the golden scars as a part of the piece's history.

Throughout the pandemic, St. Paul's Hospital and St. Paul's Hospital Foundation have been witness to deeply inspiring resilience and strength within the health care community. The pandemic has also created undeniable hardship and trauma, which require healing. Rather than try to erase these difficult moments, we acknowledge them and are transformed by them as we move forward. Not the same, but whole and united in our resilience and in our dedication to providing holistic and compassionate care for our community.

Strength Through Adversity

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Administration: (306) 655-5800

stpaulshospital.org
sphfoundation.org

St. Paul's Hospital Foundation
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